

INSTRUCTIONS –HOW TO PUT ON A MALE CONDOM



Handle with care. Tear open the package carefully (1). Do not use fingernails, teeth, or anything that can damage the condom. Use a new condom for every new act of intercourse. Never reuse condoms: re-use of condoms can result in condom breakage, risk of pregnancy and STIs.



Prepare. Remove the condom from the package and apply a small amount of lubricant to the inside tip (2). Using additional lubricant will reduce the risk of your condom breaking during use.



Roll on. Before any sexual contact, place the condom on the head of the erect penis with the rolled side out. If the penis is not circumcised, pull the foreskin back before putting the condom on. Pinch the receptacle tip of the condom between your thumb and forefinger (3). This prevents air from becoming trapped at the tip of the condom and leaves an empty space to collect semen.



Unroll. Unroll the condom down the base of the penis with your other hand (4). If the condom doesn't unroll easily, it may be on backwards, damaged or too old. Throw it away and start over with a new condom.



Apply lubricant. Using additional lubricant will reduce the risk of your condom breaking during use. Apply to the outside of the condom (5).



Intercourse. If the condom breaks during use, stop immediately and pull out. Do not continue until you put on a new condom and apply more lubricant.

Hold on tight. Immediately after ejaculation, hold on to the base of the condom tightly and pull out while the penis is still erect (6). This will keep the condom from slipping off and keep any fluids from being spilled.

Dispose properly. Wrap the used condom in tissue and throw it in the trash so others won't handle it. **DO NOT FLUSH CONDOMS DOWN THE TOILET.**
